

THEME ; MAINTAINING AN ATTITUDE OF GRATITUDE

- Thanksgiving is the oil that oils the wheel of prayer
- if you desire your prayer to have flow when praying ,start your prayer with thanksgiving (philipian 4;6)
- An attitude of gratitude means making a conscious habit of expressing appreciation on regular basis for small or big things alike
- your petition in prayer should not miss a thanksgiving prayer
- you can only maintain an attitude of gatitude when you learn to appreciate everything that you have
- your petition toward God shold be mixed with thanksgiving
- The first step to develop an attitude of gratitude is to shift your mindset

(1thsalonianian 5;17;18

- persue and maintain an attitude of gratitude helps notice God work in your life
- when you choose to be grateful day by day yo ur perception changes (habakuk 3;17-18
- maintain an atitude of gratitude is important because it shift your focus from yourself appreciating someone else to something else
- an attitude of gratitude it is a secret to enjoy less pain ,better sleep,less stress and more energy
- when you have on atitude of gratitude ,you cultivate something in spirit
- an attitude of gratitude increase mental health (ephesians 5;20)
- an attitude of gratitude is a regula habit to express appreciation
- giving thanks is a kingdom principal
- when you walk and maintain an attitude of gratitude you attract the

presence of God

- when we maintain the attitude of gratitude is for you to have an encounter with God (gen 41;50-57 luke 17-1;19 psalms 22;3)
- if you concentrate on what you don't have, it is difficult to maintain and have a attitude of gratitude
- when you maintain an attitude of gratitude you unlock divine favour ,special grace and divine transference.